

# HIMALAYAN CRYSTAL SALT

Around 250 million years ago, a large salt lake at the foothills of the Himalayas evaporated and was protected by geology under the earth's surface in its pristine, pre-pollution state. With millions of years pressure under the earth, the dried salt formed unique, natural crystal structures that are not found in any other salt in the world. It was first discovered in 326 BC by the Army of Alexander the Great when their horses started licking the outcrop salt nearby the hidden salt mines. It was then taken by ancient royalty and was more valuable than gold. For centuries, this Himalayan Crystal Salt with its mineral nutrients was used by many cultures. Our salt is the Original Himalayan Crystal Salt from the same foothills in Pakistan which is the only source of such a precious gift of nature.

Himalayan Crystal Salt is holistic, pure, unrefined, unpolluted and uncontaminated food. Himalayan Salt is pristine and natural, the cleanest salt available. Himalayan Crystal Salt has several trace minerals including Magnesium, Potassium, Calcium, Copper, Iron and many more in almost the same proportions as found in the body. Himalayan Salt's rare, gorgeous pink color stems from its naturally high content of wholesome essential minerals in ionic forms, of which our bodies are made and require for wellbeing. Himalayan Crystal Salt is never heat treated or processed; it is perfectly ground to retain its full potency of rich essential minerals, delicious, full flavor, and health giving alkaline properties. This salt is used by holistic chefs around the world. 100% natural and unrefined, Himalayan Crystal Salt is hand excavated, hand washed, sun dried, and hand packed from the foothills of the Himalayas.

Himalayan Crystal Salt is salt in its native form, with all its vibrational energy intact and it helps promote a healthy balance in your body. Promoting balanced electrolytes helps to keep your body in homeostasis -- the balance of chemicals that is conducive to the body's function. The renowned Frezenius Institute in Europe analyzed the Himalayan Crystal Salt and proved that it has an amazing array of important trace minerals and elements including potassium, calcium and magnesium that help promote a healthy balance by maintaining fluids and replenishing your supply of electrolytes whenever you sweat heavily. In short, Himalayan Crystal Salt is the cleanest, best-tasting and most beneficial salt on earth. Its healthy contents and bio-photon are ideal for human health.



- Himalayan Crystal salt is the highest grade of Natural Salt
- It has life generating power for both the body and the nervous system, with its high nutritional value
- If used in food preparation, it can help eliminate the risk of heart disease and degenerative diseases
- Himalayan Crystal Salt is immune to electromagnetic fields
- Himalayan Salt is adaptive and will help the body return to a natural state of balance
- Himalayan Crystal Salt has a perfect geometric-crystalline structure due to high level of pressure
- The minerals and trace elements it contains are present in ionic form (i.e., they are small enough to be absorbed through cellular membrane)
- Himalayan Crystal Salt is a full spectrum salt. Instead of just getting sodium and chloride, you are getting a full spectrum of trace minerals as well

Unlike Himalayan Crystal Salt, today's refined common salt is an industrial by-product where all minerals except aggressive sodium and chloride are stripped out as contaminants for use in various manufacturing operations. Sodium and chloride in this highly refined form are also put in a packet and called food, with added chemicals for whiteners and to keep it dry for pouring. This unnatural, highly-refined salt is cumulatively damaging to the body. This common table salt is actually 97.5% sodium chloride and 2.5% chemicals such as moisture absorbents, and toxic iodine. Dried at over 1,200 degrees Fahrenheit, the excessive heat alters the natural chemical structure of the salt. But the use of Himalayan Salt in the kitchen instead of refined salt makes the taste buds appreciate natural, whole foods more. Carvings for processed foods are reduced and a healthy life style becomes more pleasurable. Himalayan Salt is declared by the renowned nutritionist, a New York Times Best Selling Author, Dr Joseph Mercola-USA as **The-Mother-of-all-Salts**.

**References:** Dr. Joyce Starr: *Salt Secrets USA* / Dr. Barbara Hendel: *Water & Salt, Germany* / Elijah Hughes: *Miracle Himalayan Salt, USA* / Dr. Joseph Mercola: *The Purest Salt on Earth, USA*

*We, Hikmen Pvt Limited are engaged in sourcing, grinding, packing and exporting the original, 100% natural and purest Himalayan Crystal Salt from Pakistan since almost a decade. Our company is committed to supply the finest quality Himalayan Crystal Salt selected by our dedicated quality team which regularly source the highest grade salt from the renowned salt mines located in Himalayan range in Pakistan. Our international clientele is based in Germany, UK, USA, Taiwan and Australia. We pack Himalayan Salt in bulk and consumer packaging as required by our clients. We always use the highest quality packaging material which enables to prevent salt from outside moisture or pollutants.*

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